Learning Progressions | Double Bass

		Level 1	Level 2	Level 3	Level 4
Fundamental Skills and Understanding	Scales / Fundamentals	Scales (2 octaves) in the Level Up to 3 flats and sharps keys and range quarter-eighth pattern at quarter = 60 BPM • Major • Minor (all versions) Arpeggios in Level 1 Keys at quarter note= 60 BPM	Scales (2 octaves) in the Level 2 Up to 4 flats and sharps keys and range quarter-eighth pattern at quarter = 70 BPM • Major • Minor (all versions) Scales (3 octaves) in G Major at quarter = 70 BPM Arpeggios in Level 2 Keys at quarter note= 70 BPM Introduce chromatic scale	Scales (2 octaves) in the Level 3 Up to 5 sharps and flats keys and range quarter-eighth pattern at quarter = 80 BPM • Major • Minor (all versions) • Chromatic Scale Scales (3 octaves) in G major, G minor, and E major Scale in 3 octaves at quarter = 80 BPM Arpeggios in Level 3 Keys at quarter note= 80 BPM	Scales (2 octaves) in the Level 4 All keys and range quarter-eighth pattern at quarter = 90 BPM • Major • Minor (all versions) • Chromatic Scale Scales (3 octaves) in G major, G minor, E major, and A major at quarter = 90 BPM Arpeggios in Level 4 Keys at quarter note= 90 BPM Mastery of bass, tenor and treble clefs
	Range	Demonstrates ease and fluency in first through fifth position	 Demonstrates ease and fluency in second and fourth positions Proficiency in sixth and seventh position 	Nowledge of tenor and treble clefs Demonstrates ease and fluency in sixth and seventh position	All positions (Full range)
	Rhythm Meter	 Play in 2/4, 3/4, and 4/4 (simple meters); subdivide up to quadruplets and triplets 6/8 and 9/8 with simple subdivisions Introduce cut time 	 All simple meters All compound meters with simple subdivisions Introduce 9/4, 12/4, etc. 	 All simple meters All compound meters with complex subdivisions 5/8 and 7/8 with simple subdivisions 	All meters with complex subdivisions
	Key	 Up to three flats and three sharps (Major and relative minor) Introduce E major 	Up to four flats and four sharps (Major and relative natural minor)	Up to five flats and five sharps (Major and all relative minor)	All key signatures (Major and all relative minor)
	Instrument- Specific Technique	Right-hand technique Bow distribution in Level 1 rhythmic patterns(See exercises below)	 Thumb position Vibrato development Grace notes Mordent 	 Thumb position Vibrato development Turns Right-hand technique 	Thumb positionVibrato is consistent across phrasesRight-hand technique

		 Introduction of orchestral pizzicato Left-hand technique Shifts by sliding Glissando Cross-string: Thirds and octaves Intentionally getting the left-hand thumb off the back of the neck to develop stronger fingers 	 Trills Right-hand technique Bow distribution in Level 2 rhythmic patterns (See exercises below) Orchestral Pizzicato on lower strings Introduction of jazz pizzicato Left-hand technique Independent finger shifts with arched hand position Cross-string: Thirds, fourths, fifths, and octaves 	 Bow distribution in Level 3 rhythmic patterns (See exercises below) Proficiency in all pizzicato Left-hand technique Independent finger shifts with arched hand position Cross-string: Thirds, fourths, fifths, sixths, and octaves 	 Bow distribution in Level 4 rhythmic patterns (See exercises below) Left-hand technique Cross-string: All intervals
	Style and Performance Practice	Student has performance in at least two (2) of the following: • Baroque • Classical • Romantic • 20th and 21st Century	Student has performance in at least three (3) of the following: • Baroque • Classical • Romantic • 20th and 21st Century	Student has performance in at least four (4) of the following: • Baroque • Classical • Romantic • 20th and 21st Century	Student has performance in at least four (4) of the following: • Baroque • Classical • Romantic • 20th and 21st Century
Potential Musical Applications	Etudes [Listed by composer, Book, Specific Etude #s]	MAP String Builder Book 3 (Exercises 86, 87 on page 28 Beautiful melodies in different rhythms Exercises 89, 90, 91 on page 29 G. McCormick, Etudes from "Mastering the Bow" Part 1 –Etudes #1-8 Commissioned by The Juilliard School for MAP (Music Advancement Program) Melodic Etudes for Solo Double Bass Music Composed by Rufus Reid Etudes # 1, 2, 3 F. Simandl, New Method for Double	Suzuki book #4 Frannz Simandl , etude # 17, Tempo di Polacca Commissioned by The Juilliard School for MAP (Music Advancement Program) Melodic Etudes for Solo Double Bass Music Composed by Rufus Reid Etudes # 4, 5, 6 F. Simandl – Book1- Stuart Sankey edition,IMC Etude #8 recommended for phrasing and	F. Simandl , New Method for Double Bass Part 1, Stuart Sankey edition, IMC Etude #17 Minor scales and exercises A minor – page 46 D minor – page 48 G minor – page 49 Play melodic and harmonic intervals – thirds, fourths, fifths, sixths and sevenths Commissioned by The Juilliard School for MAP (Music Advancement Program) Melodic Etudes for Solo Double Bass	F. Simandl , New Method for Double Bass Part 1, Stuart Sankey edition, IMC Exercises in all Major and Minor keys on page 71-72 Various combinations of bowings – page 74 Exercises in broken chords in Major keys – page 100- 101 Commissioned by The Juilliard School for MAP (Music Advancement Program) Melodic Etudes for Solo Double Bass Music Composed by Rufus Reid Etudes # 10, 11, 12 Storch/Hrabe – etude #24 from
		 Bass Part 1, Stuart Sankey, IMC Exercises in half, first and second positions – page 14, 15 	nuances. • Melodic intervals- thirds, fourths, fifths, sixths	Music Composed by Rufus Reid Etudes # 7, 8, 9	86 etudes book 1 Robinson: Boardwalking, Stroking

	 Exercises on shifting on the G and D strings om page 17 Etudes #7 and #8 in F Major on page 33 Intervals – thirds, fourths, fifths 	G. McCormick, Etudes from "Mastering the Bow" Part 1 –Etudes #8 - #18	 Thumb Position Exercises for the Double Bass by Gerd Reinke – page 5 – exercises for the first thumb position Page 6 and 7 – exercises for a firm first position on G and D strings 	Thumb Position Exercises – Gerd Reinke – page 9 – first thumb position exercises
Scales and Technique Exercises [Organized by skill or technique; Listed by composer, Book, Exercise #s]	Bow distribution exercises F. Simandl – New Method book–Part 1 • Section: Exercises in various bowing techniques • Section: Various examples and combinations of bowings Scales and arpeggios Clark, L. and Schmidt, D.—The Protocol: A Guide to the Collegiate audition process (Major: C, F, E, G, and A; Minor: F, G, and E)	Bow distribution exercises F. Simandl - New Method book— Section: Legato exercises on two strings Section: Exercises in triplets - independent finger shifting Tapping Scales and arpeggios Clark, L. and Schmidt, D., The Protocol: A Guide to the Collegiate audition process (Add Major:B-Flat, E-Flat, A-flat, and D Major; Minor: C, F#, and A)	Bow distribution exercises F. Simandl – New Method book – Tremolo exercises Portato Spiccato Scales and arpeggios Clark, L. and Schmidt, D., The Protocol: A Guide to the Collegiate audition process (Add Major: D-Flat and B; Minor: B, B-Flat, and D)	Bow distribution exercises F. Simandl – New method book – Col Legno Ponticello losif Prunner/ Ion Cheptea- three octave scales and arpeggios Clark, L. and Schmidt, D., The Protocol: A Guide to the Collegiate audition process (Add Minor: C# and E-flat)
Solos (Composer, Title)	Selected solos from Suzuki Book 3, similar to: • Trilling Waltz, A Gaelic Melody, • The Elephant by C. Saint-Saens Any solo from George Vance, Vade Mecum • G Minor and E Minor on page 26 and 27 • Reading exercises- C.L. Hanon • # 4, #15, #20 • Study of String Crossing, page 66, 67 Mummers – John Merle Sonatina – A.O. Andersen	Selected solos from Suzuki Book 4: The Meistersingers by R. Wagner Gavotte in G minor by J.S. Bach Chorus from "Judas Maccabaeus" –G.F. Handel Adagio – Beethoven Menuet – Mendelssohn Chanson Triste – Tchaikovsky	Selected solos from Suzuki Book 4: • Humoresque – Dvorak • Sonata in E minor – Marcello Concert Piece –by B. Furtok Après un-Reve – G. Faure Vivaldi – Sonata #1 in B Flat Major	Selected solos from Suzuki Book 5:

Orchestral Excerpts	 Overture "The Mastersingers" by R. Wagner – page 125-126 from F. Simandl - New Method book 1 Symphony #1 in D Major by G. Mahler -double bass solo 	 Royal Fireworks Music by G. F. Handel – page 124-125 from new Method book by f. simandl Badinerie from Orchestral suite #3 by J. S. Bach – page 21 from the Protocol – a guide to the collegiate audition process for double bass 	 Symphony #40 on G Minor by W. A. Mozart – Allegro molto Symphony #5 by L. van Beethoven F. Simandl - New Method book - page 126-127 	 Symphony #9 – by L. van Beethoven – page 114 in F. Simandl – New Method book 1 Symphonie Fantastique by H. Berlioz – page 115
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