Learning Progressions | Viola

		Level 1	Level 2	Level 3	Level 4
Fundamental Skills and Understanding	Scales / Fundamentals	Scales in the Level 1 keys and positions. Slurs and bowings at teacher's discretion. 56 to 60 BPM for 3 octave scales. E.g.	Scales in the Level 2 keys and positions. Slurs and bowings at teacher's discretion, 56 to 60 BPM for 3 octave scales. E.g.	Scales in the Level 3 keys and positions. Slurs and bowings at teacher's discretion, 56 to 60 BPM for 3 octave scales. E.g.	Scales in the Level 4 keys and positions. Slurs and bowings at teacher's discretion, 56 to 60 BPM for 3 octave scales. E.g.
		 C major, 3 octaves All major scales, 2 octaves C minor and G minor scales (melodic and harmonic), 2 octaves Arpeggios in two octaves 	 Major scales starting on C string (D-flat to F-sharp) in 3 octaves Minor scales (melodic and harmonic) starting on C string (D-flat to F-sharp) in 3 octaves Arpeggios in two octaves 	 Major scales starting on G string (G to B) in 3 octaves Minor scales (melodic and harmonic) starting on G string (G to B) in 3 octaves Arpeggios in three octaves Major scales in artificial harmonics, 1 octave Chromatic scales in two octaves Major and melodic minor scales in double stops 3rds, 6ths, and 8ves, 1 octave 	 All major/minor 3 octaves All arpeggios Major, melodic and harmonic minor scales in artificial harmonics, 1 octave Chromatic scales in two octaves Major, melodic and harmonic minor scales in double stops 3rds, 6ths, and 8ves, 1 octave
	Available Positions	 Demonstrates ease and fluency in first position Acquainted with third, half, and second position 	 Demonstrates ease and fluency in first and third position Acquainted with second, fourth and fifth position 	 Demonstrates fluency in first through fifth position Acquainted with positions above fifth position with awareness of the left elbow placement 	Demonstrates ease and fluency in first through sixth and higher positions (anticipation of the elbow placement)
	Rhythm Meter	 Demonstrates ease and fluency in 2/4, 3/4, and 4/4 (simple meters); subdivide up to sixteenth notes and triplets Proficiency in basic compound meters: 6/8, 9/8, and 12/8 Introduce cut time 	 All simple meters All compound meters with simple subdivisions Introduce 9/4, 12/4, etc. 	 All simple meters All compound meters with complex subdivisions 5/8 and 7/8 with simple subdivisions 	All meters with complex subdivisions

^{*} two contrasting movements

	Кеу	 All key signatures (major, minor and harmonic minor), 2 octave scales Up to 1 flat and 1 sharp (major and relative minor), 3 octaves 	Up to four flats and four sharps (major and relative minor), 3 octaves	All key signatures (major and all relative	e minor), 3 octaves	
	Instrument- Specific Technique	Right-hand technique (bow arm) • Bow-distribution (even) • Bow speed for dynamic contrast (e.g. p, mp, mf, f). • Bow strokes: Detaché, Staccato, legato, tenuto.	Right-hand technique (bow arm) • Bow-distribution (variable) • Bow speed for sudden dynamic effect (e.g. sfz, fp) • Bow strokes: elementary martelé, spiccato, and sautillé	Right-hand technique (bow arm) • Deliberate bow-distribution • Deliberate bow speed • Bow strokes: martelé, spiccato, sautillé, elementary collé		
		Left-hand technique First position with all finger patterns Simple harmonics Shifting technique	Left-hand technique • 1 st through 3 rd position, fixed position and shifting in between	Left-hand technique • 1 st through 5 th position, fixed position and shifting in between	Left-hand technique ■ 1 st through positions 5 th and above, fixed position and shifting in between	
		Stops and ChordsDouble stops with open strings	Stops and Chords Intro to double stops with two fingers (6ths, 7ths, 8ves) Three and four voice chords (left-hand	Stops and Chords Intro to double stops with two fingers (3rds, 4ths, tritones) Three and four voice chords (rotated	Stops and Chords • Intro to double stops with two fingers (2nds and unisons) • Three and four voice chords	
		Vibrato • Vibrato on long notes	natural frame) Vibrato • Vibrato on long notes and smaller values as well	left-hand frame) Vibrato • Smooth and continuous vibrato	Vibrato ◆ Vibrato transfer	
	Style and Performance Practice	Student has performance in at least two of the following: • Baroque • Classical • Romantic • 20th and 21st Century	Student has performance in at least two of the following: • Baroque • Classical • Romantic • 20th and 21st Century	Student has performance in at least three of the following: • Baroque • Classical • Romantic • 20th and 21st Century	Student has performance in at least four of the following: • Baroque • Classical • Romantic • 20th and 21st Century	
Potential Musical Applications	Etudes	 MEYER, Jessica – 8 Etudes for Viola, Commissioned by MAP GERINGAS, Yaakov – Shifting: Thirty Studies for Young Violinists, Study nos. 1-16 HOFMANN, Richard – First Studies, op. 86, nos. 1-14 HOFMANN, Richard – Melodic Double- stop Studies, op. 96, nos. 1-8 	 BRUNI, Antonio – 25 studies for viola solo, no. 8, 9, 14 GERINGAS, Yaakov – Shifting: Thirty Studies for Young Violinists, Study nos. 15-30 HOFMANN, Richard – First Studies, op. 86, nos. 15-20 KAYSER from 36 studies op. 20 KREUTZER 42 studies, nos. 2-6 	 BRUNI, Antonio – 25 studies for viola solo, nos. 1-6, 14, 15 DONT, Jakob – 24 studies, op. 37, preparatory for Kreutzer and Rode, no. 1 to 7, and no. 10 KAYSER from 36 studies op. 20 HOFMANN, Richard – Melodic Doublestop Studies, op. 96, nos. 10-27 KREUTZER 42 studies, nos. 7, 8, 11 	 BRUNI, Antonio – 25 studies for viola solo, no. 11-13, 18, 19 CAMPAGNOLI 41 Caprices, op. 22, nos. 1, 2, 9, 11, 12, 26 DONT, Jakob – 24 studies, op. 37, preparatory for Kreutzer and Rode, nos. 8, 9, 11-13 FIORILLO – 36 caprices, op. 3, no. 5 HOFMANN, RICHARD – Melodic 	

^{*} two contrasting movements

	 TROTT, Josephine – Melodious double stops, nos. 1-9 WHISTLER Introducing the positions Vol. I, third and half positions WOHLFAHRT Studies from op. 45, nos. 17, 20-22, 24-26, 28, 33, 34 	 MAZAS Études spéciales, op. 36, nos. 2-7 TROTT, Josephine – Melodious double stops, nos. 10-17 WHISTLER Introducing the positions Vol. 2, second, fourth, and fifth WOHLFAHRT Studies from op. 45, 54, 74 	 MAZAS Études spéciales, op. 36, nos. 8, 10, 18, 20, 21 TROTT, Josephine – Melodious double stops, nos. 18-24 SEVCIK Op. 8, shifting the position, nos. 1-31 	Double-stop Studies, op. 96, nos. 27-38 • KREUTZER – 42 studies, nos. 1, 9, 10, 12-17 • MAZAS Études spéciales, op. 36, nos. 23-27 • RODE 24 Caprices, nos. 1-7 • TROTT, Josephine – Melodious double stops, nos. 25-30 • SEVCIK Op. 8, shifting the position, nos. 32-56
Scales and Technique Exercises	BARBER, Barbara – Scales for Young Violists	 BARBER, Barbara – Scales for Young Violists BARBER, Barbara – Scales for Advanced Violists FLESCH Scale System, transcribed and adapter for viola by Charlotte Karman GALAMIAN Scale System adapted for Viola, edited by Karen Olson 	 BARBER, Barbara – Scales for Advanced Violists FLESCH Scale System, transcribed and adapter for viola by Charlotte Karman GALAMIAN Scale System adapted for Viola, edited by Karen Olson 	 BARBER, Barbara – Scales for Advanced Violists FLESCH Scale System, transcribed and adapter for viola by Charlotte Karman GALAMIAN Scale System adapted for Viola, edited by Karen Olson
Solos	 Concertos TELEMANN Concerto in G major, 3rd and 4th mov VIVALDI Concerto in D minor, op. 3, no. 6, 1st and 3rd mov 	 Concertos CASADESUS / HANDEL Concerto in B minor, 1st mov SCHUBERT, Joseph, Concerto in C major, 1st or 3rd mov SEITZ Concerto No. 3 in C Minor, op. 12 	 Concertos ACCOLAY Concerto No. 1 CASADESUS / BACH, Johann Christian	 Concertos HOFFMEISTER Concerto in D major, 1st mov FORSYTH, Cecil – Concerto in G minor HUMMEL Fantasia for viola VAUGHAN WILLIAMS Suite for Viola, Group 2 WEBER, Carl Maria von – Theme and Variations for Viola

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Sonata movements	Sonata movements	Sonata movements	Sonata movements
 ECCLES Sonata in G minor, 1st and 2nd mov 	 MARCELLO Sonata in E minor, 1st and 2nd mov 	 *BACH Sonata for viola da gamba No. 1 in G and No.2 in D 	*BACH Sonata for viola da gamba No.3 in G minor
 *FLACKTON Sonata in C major, op. 2, no. 8 	*STAMITZ Sonata in Bb major*VERACINI Sonata in E minor	BOR, Modesta – Sonata for viola and piano	• CORDERO, Roque – Tres Mensajes Breves
		• *FLACKTON Sonata in C major, op. 2, no. 6	DELANO, Jack – Sonata for viola and piano
		*GLINKA Sonata in D minor*HUMMEL Sonata in Eb major, op. 5,	GUARNERI, Mozart Camargo – Sonata for viola and piano
		no. 3	• *MENDELSSOHN Sonata in C minor
			• *ROLLA Sonata in C major
			*SCHUBERT Sonata 'Arpeggione'
Concert Pieces	Concert Pieces	Concert Pieces	Concert Pieces
SUZUKI Volume 5 (selected pieces)	 CHÁVEZ, Carlos – Madrigal for viola and piano ELIZONDO, José – "Canción de Cuna" for viola and piano LÓPEZ-GAVILÁN, Guido – "Como un antiguo bolero" for viola and piano PIAZZOLLA 1. La noche (from Dos piezas breves para viola y piano) SUZUKI Volume 6 (selected pieces) 	 BLOCH Suite Hébraique, 1st mov ELIZONDO, José – "Crepúsculos" for viola and piano GAMBOA, Eduardo – "Azules" for viola and piano HINDEMITH Meditation JACOB, Gordon – Air and Dance MILHAUD Quatre visages PIAZZOLLA 2. Tanguano (from Dos piezas breves para viola y piano) VILLANI-CÔRTES, Edmundo – "Interlúdio V" for viola and piano 	 BRAHMS Sonatensatz: Scherzo, op. post CORAL, Leonardo – "Visiones" for viola and piano FAURÉ Elegy, op. 24 FRANK, Gabriela Lena – "Cinco danzas de chambi" HAILSTORK, Adolphus – Sanctum: Rhapsody for Viola and Piano HINDEMITH Trauermusik OROZCO, Keyla – "Piezas de bolsillo" for viola and piano
Unaccompanied	Unaccompanied	Unaccompanied	Unaccompanied
BACH Suite I, Minuet, Gigue, Courante	BACH Suite I, II or similar	BACH Suite II, III or similar	BACH Suite III, IV
or similar			• ELIZONDO, José – "Bajo el cielo estrellado del Rín" for viola solo
			KACHATURIAN Sonata for viola solo
			• SANTORO, Cláudio – "Fantasia Sul- América" for viola solo
			STRAVINSKY, Soulima – Suite for solo

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				viola (1975) • VIEUXTEMPS Capriccio, op. 55 in C minor
Orchestral Excerpts	 BACH Brandenburg Concerto No. 3, BWV 1048, 1st mov: mm. 85–136 [viola II] BEETHOVEN Symphony No. 5, op. 67, 2nd mov: mm. 1–37, 49–59, 72–86 	 GRIEG Holberg Suite, op. 40, 1st mov (Prelude): mm. 1–30; 5th mov (Rigaudon): mm. 1–30 [top divisi line only] MENDELSSOHN Symphony No. 4 "Italian," op. 90 u 2nd mov: mm. 1–62 MOZART Symphony No. 35 "Haffner," K 385, 1st mov: mm. 1–66 	 BEETHOVEN Symphony No. 3 "Eroica," op. 55, 4th mov: mm. 60–75, 131–175 BEETHOVEN Symphony No. 9, op. 125, 4th mov: mm. 116–166, 187–207 BRAHMS Symphony No. 1, op. 68, 1st mov: mm. 1–29, 157–197 DVOŘÁK Symphony No. 9, "New World," op. 95, 4th mov: mm. 1–54 	 GLINKA Ruslan and Ludmila Overture: mm. 1–45 MOZART Symphony No. 35 "Haffner," K 385, 4th mov: mm. 1–37, 134–181 TCHAIKOVSKY Symphony No. 6 "Pathétique," op. 75, 1st mov: mm. 19–79

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